

INTERNATIONAL YOUTH EXPEDITION

"Mt. ELBRUS - 2007 "

(5642m.)

**ФЕДЕРАЦІЯ
АЛЬПІНІЗМУ І
СКЕЛЕЛАЗІННЯ УКРАЇНИ**
Комісія у справах молоді



**UKRAINIAN
MOUNTAINEERING
AND CLIMBING FEDERATION**
Youth Commission

Dear Friends!



UIAA
Global Youth Summit 2007

and UIAA Youth Commission

Mountaineers from Ukraine invite you to participate in the joint ascent to the highest peak of the Caucasus and Europe - Mt. Elbrus (5642m.) in summer 2007.

Grand Elbrus massive is situated slightly to the North from the main Caucasus Range, right in the central of the Caucasus. It is covered with ice and over than 20 glaciers start from there.

To climb of Mt.Elbrus is a dream of many mountaineers. The gorgeous panoramic view from the top of this mountain is the souvenir climbers take with them and remember all their lives.

The ascent is not technically difficult in summer. It does not require either deep knowledge or wide experience in using mountaineering techniques. However low temperature, severe winds, possible bad weather demand courage and strong will power from the climbers. Acclimatization training is necessary before an ascent to Mt. Elbrus. These training helps climbers adjust to the altitude.

To conduct annual join expedition to this marvelous region and invite climbers from all over the world to participate in this event became a wonderful tradition of Ukrainian mountaineers. Mountaineers from Austria, Spain, Germany, Italy, South Africa, France and from many other countries successfully made ascents to Mt. Elbrus together with youth from Ukrainian Mountaineering Federation (UMF).

Many guests arrive to the Caucasus through international airport of Mineralny Vody - a real "Gate of the Caucasus ". Climbing camp is situated 130 km far from the airport in Baksan Valley. Mountaineers will conduct acclimatization training there. Then, a bus will transfer participants of the expedition to the start of a cable way at the foot of Mt. Elbrus. This cable way will raise the participants to the altitude of 3900 meters on the slopes of the mountain.

The rest of the way to the expedition base camp the participants will cover by foot. On the altitude of 4200 meters the group will set their tents. It will be the starting point of a battle for the victory in the expedition to this gorgeous and majestic peak.

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Good Luck to All of You!

Alexander Zaidler

PROGRAM

- 8.07 Arrival. Bus transfer from Mineralny Vody airport to a climbing camp in Baksan Valley (Adyr-Su). Meeting the participants. Tents setting.
- 9.07 Rise to a panoramic view point. Introduction to the area.
Preparation for the ascent.
- 10.07 Leaving for acclimatization ascent. Overnight stay in a high mountainous zone.
- 11.07 Acclimatization ascent. Return to a base camp.
- 12.07 Rest and preparation for Mt.Elbrus ascent.
- 13.07 Leaving climbing camp for Mt. Elbrus.
Rise with cable-way. Setting altitude camp (on 4200 m. height, approximately).
- 14.07 Rise to "Pastuchov's Rocks " (4800 m. approximately).
Return to an altitude camp.
- 15.07 Ascent to the top of Mt. Elbrus, 5642 m.
Return to an altitude camp.
- 16.07 Back up day (in case of bad weather)
- 17.07 Transfer to a climbing camp in Baksan Valley.
Preparation for departure. Farewell party.
- 18.07 Departure from Mineralny Vody airport.

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ITINERARY

Age of Participants: 16 - 25 years. Under 18 year olds must be accompanied by a Federation leader from their home Federation who is able to be responsible for the participant on Mount Elbrus.

Place: the Central Caucasus, Kabardino-Balkaria region, Russia.

Time: 11 days, 8th of July - 18th of July, 2007.

Transfers: bus transfers according to the program.

Accommodation: tents.

Expedition Conditions: participants should be prepared for the acclimatization and training ascents to the peaks up to 4500 m. ascending slopes covered with snow and ice of 1st and 2nd categories of difficulty in pairs using rope.

The ascent to Mt.Elbrus (5642m) will require long ascent in crampons under low temperature, strong wind and possible cloudiness conditions.

Meals: food will be provided in a base camp and during the ascents. However, participants are free to bring special products that they used to eat on the high altitude.

Equipment:

- ✚ clothes for the ascent and for the days of rest in the camp including: complete set of warm wind-proof and water-proof clothes, footwear for ascent to Mt. Elbrus (plastic or leather boots);
- ✚ personal ascent equipment: crampons, ski-sticks, sun glasses, mittens, climbing harness, 2 carabines, ropes etc.;
- ✚ bivouac materials (tents, sleeping bags , mats etc);
- ✚ medical kit.

Insurance: every participant must have an appropriate insurance valid for the period of the expedition.

Price: 250 Euro.

This price includes: cost of issuing the invitation to Russia, registration in Russia fees, accommodation, meals, gas refuel, route consultations, permit for entering

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the border zone.

This price does not include: transport from airport Mineralny Vody to a climbing camp and back , other transport expenses (the estimated sum for transfers is Euro 90), cable way tickets to the slope of Elbrus (3900m), excursions, taxes of National Park "Prielbrusye", private expenses for phone calls etc.

Check the advice of your foreign office for travel to this region

APPLICATION FORM

Participation in the expedition "Mt. ELBRUS - 2007"
 from 08.07.07 till 18.07.07

Name, Surname	Address, Telephone Number, E-mail Address	Date of Birth	Passport Details

Mountaineering Federation:

Name, telephone and fax numbers, e-mail address of the person to contact

Point of arrival and transport which you plan to use

Date:

Signature:

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FREQUENTLY ASKED QUESTIONS

1. What is the best variant to fly to Mineralny Vody?

You must fly first to Moscow and then to Mineralny Vody (this variant is usually less expensive and more convenient in terms of connections).

2. Is it possible to stay several days in Moscow on the way to Mineralny Vody or on the way back?

If you want, you can stay several days in Moscow, but we recommend doing it on your way back. We can put you in contact with the travel agency that will organize inexpensive accommodation and excursions in Moscow for you.

3. Is it possible that a UMF representative meets me at Mineralny Vody airport?

The representatives of UMF will meet all participants at the international airport of Mineralny Vody **ONLY** on the arriving date - the 8th of July and order a transfer to a climbing camp. All participants will be accompanied to the airport on the planned day of departure - the 18th of July.

4. Is it possible to stay longer than 11 days in the Caucasus?

Yes, the duration of your stay in the Caucasus can be longer, but only after reconciliation with us. The terms should be preliminary agreed to organize appropriate invitation and visa support for you. Please note that every additional day of your stay will cost about 25 Euro.

5. Is it possible to ski from Mt.Elbrus?

The slopes of Mt.Elbrus are covered with snow and ice all the year round. Thus, it is possible to ski there.

Feel free to ask any other questions; we are happy to answer them!

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