## INTERNATIONAL YOUTH CAMP IN ROMANIAN CARPATHIANS CLIMBING & HIKING IN BICAZ GORGES NATIONAL PARK August 5-12, 2006

**Location**: A climbing paradise in a superb natural landscape and a traditional rural ambiance. Near the impressive Red Lake, in the famous deep gorges sculptured in Mesozoic limestone rocks there are over 200 climbing routes, bolted or classic, UIAA grade 3 to 10-, 1 to 15 pitches, 15m to 300m high. Access and way down are short and easy. The first route (grade 4) was established in 1934 on the elegant Altar Tower. The area was designated a national park and the climbing (free, artificial or mixed), hiking and trekking here are unique.

**Accommodation and Board:** The ECOLOG Hut ('Cabana Ecolog'), alt. 700m, good conditions, full-board. The hut is a new mountain base of The Romanian Federation and is run by staff of the affiliated Romanian Mountain Club. There is no need for tents, mats or stoves. Your own sleeping bag is not a must. If you are a vegetarian please let us know in advance. Int'l telephone, e-mail and Internet access available at the hut.

**Management and coaching:** It will be a camp director (not a bad guy, don't worry) and experienced qualified instructors from the national federation. You are expected to give a hand and assist with current organization.

Local transportation and transfers: Provided by us (minibus, 4 WD).

**Programme:** 4 days climbing & hiking, 1 day mountain walking (Ceahlau Mt. National Park, alt.1907m), 1 day cultural round trip to the city of Piatra Neamt (capital of Neamt county), Moldavian mediaeval monasteries, Bistrita valley and the 40 km length Bicaz Lake. Still new routes potential, all grades. Optional: mountain-biking, caving, horse-riding, boat-fishing, swimming. Detailed programme to be e-mailed to all participants.

**Indoor and near camp activities:** Change of experience, discussions and seminars on mountain tourism, access and conservation, climbing techniques, specific top issues in different countries. Slide-shows, videos, expeditions presentations, songs, dancing, bonfire & barbecues. You're welcome to present your slides / videos.

**Participants:** All levels climbers and hikers aged 17 to 25. Either for the beginner or for the toughest and experienced climber, there are choices for everyone. You'll be asked in advance about your experience and outdoor preferences in order to balance the programme to your needs and to make-up the in field teams.

**Equipment:** Technical gear, clothes and shoes for rock climbing and summer mountain trekking (15 to 28 Celsius and possible rain or hot sun). Don't forget headlamps and helmets. Climbing gear shopping point at the hut.

**Costs:** EUR 200, - per participant for the entire programme, accommodation, full board and local transport.

**Arrival:** Participants should be at the hut on August 5, preferably until midday (if your trip details allow you to arrive earlier, on the 4-th, please let us know). The Ecolog Hut is located in NE Romania, Neamt county, Bicaz river Valley, Bicaz-Chei village. The nearest towns are Gheorgheni (34km West) and Bicaz (24km East), linked by national road DN 12-c which crosses The East Carpathians. The 200m path to the hut starts from the small parking at Km 34 (sign to the hut!). We can pick you up from various railway or bus stations (Bicaz – 24Km, Piatra Neamt - 50Km, Gheorgheni - 34Km or Bacau - 110Km). If you fly to Bucharest (400Km South), we'll arrange your transfer by bus or train.

**Departure:** August 12, after breakfast. Transfers arranged to the bus, railway stations or airports.

**Registration and Info:** Please fill in and send us the Registration form attached <u>until July 15,</u> **2006.** You'll get full details afterwards. For more info please contact:

ROMANIAN MOUNTAIN CLUB: Constantin Lacatusu (camp director): <u>office@mountain.ro; lacatusu8850@yahoo.com</u>, Tel: +40.744.913 941.

## Registration form Youth Climbing and Hiking Camp - Carpathian Mountains– 5-12 August 2006

Please send this registration form to the Romanian Mountain Club and to the Romanian Federation of Mountaineering and Climbing:

Romanian Mountain Club: tel/fax: +40.233.222 222, e-mail: office@mountain.ro; lacatusu8850@yahoo.com

Romanian Federation of Mountaineering and Climbing str.Vasile Conta 16, Ro-020954 BUCHAREST, ROMANIA Tel/Fax: +40.21.315 51 40 e-mail: s.badralexe@fralpinism.ro

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Accompanying persor	/BetreuerIn:		
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